



COMMUNICATION BOARD

Use this board to help communicate during our Learn to Paddle Board session.

Point to what you need or how you feel.



LET'S START 	LISTEN 	LOOK 	WATCH ME 	YOUR TURN 	GOOD JOB!
PADDLE 	BIGGER STROKES 	SMALLER STROKES 	TURN LEFT 	TURN RIGHT 	STOP / PAUSE
KNEEL DOWN 	SIT DOWN 	STAND UP 	LAY DOWN 	STAY TOGETHER 	PFD ON (LIFE JACKET)
I NEED HELP 	I'M OK 	I NEED A BREAK 	I'M COLD 	I'M HOT 	I'M TIRED
DO YOU UNDERSTAND? 	DO YOU NEED ANYTHING? 	YES 	NO 	THANK YOU 	EMERGENCY RAISE YOUR PADDLE OR HAND AND CALL OUT FOR HELP WE ARE HERE TO HELP HAVE FUN AND ENJOY!